

## End of Year 3 Evaluation Summary (2022-23)

### Programme overview

Set for Success aims to use the power of sport to improve the attitudes and skills of young people most at risk of becoming not in education, employment, or training (NEET) to support them in future education and employment. Set for Success is funded by the Wimbledon Foundation and delivered by the Youth Sport Trust (YST). The evidence presented in this summary is based on Set for Success delivery that took place during the 2022 - 2023 academic year. The summary was produced by the YST's Research and Insight Team in August 2023.



### Demographics of young people engaged - Cohort 3



Source: Follow Up Survey for Teachers (n=9 schools, reporting on 132 students)

### Deliverables



2

events at The All England Lawn Tennis & Croquet Club (AELTC)

58

young people have visited events at The AELTC

4

empowerment events delivered

11

social action projects delivered

153

young people currently in the final stages of completing the Award



of these, 52 are currently in the final stages of completing the Qualification\*

\*This figure references the number of young people that have completed the required programme content to successfully achieve the Award/Qualification. Paperwork from the schools is still outstanding for it to be formally processed. Completion figure can be provided in the Autumn term once final paperwork is chased.

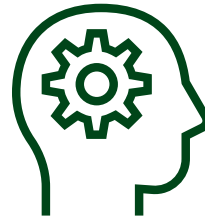
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### Young People Outcomes

#### Increased employability skills

- 84% improved their teamworking skills (n=122)
- 82% improved their leadership skills (n=125)
- 80% improved their communication skills (n=123)
- 72% improved their resilience (n=123)

Source: Follow Up Survey for Year 1 Students



#### Improved attitudes towards the future



- 87% know more about how their skills can help them in the future (n=132)
- 84% feel better about their future (n=133)
- 80% have more confidence that they will do well in life (n=133)

Source: Follow Up Survey for Year 1 Students

#### Improved physical literacy

- 82% improved enjoyment of taking part in physical activity and sport (n=132)
- 77% improved confidence to take part in physical activity and sport (n=132)

Source: Follow Up Survey for Year 1 Students



#### Improved wellbeing



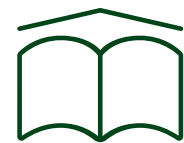
- 78% improved social connectedness (n=133)
- 77% improved happiness (n=134)

Source: Follow Up Survey for Year 1 Students

#### Improved engagement and behaviour

- 7 out of 8 teachers report improved student behaviour at school
- 7 out of 8 teachers report improved student engagement with school

Source: Follow Up Survey for Teachers (n=8 schools, reporting on 116 students)



"It's helped me to know what I want to be and how to get there." (Young Person)

"Set for Success has helped improve my social skills and communication skills in life like never before." (Young Person)

"Set for Success has improved the confidence of members of the group. They have been actively involved more in lessons. The general behaviour around the school has improved as well as in lessons." (Teacher)

# Set for Success

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SET FOR SUCCESS

### Teacher Outcomes



8 out of 8 teachers

say that Set for Success has helped them to feel more competent in supporting young people at risk of becoming NEET

Source: Follow Up Survey for Teachers (n=8 schools)



### Wimbledon Foundation Outcomes

#### Young People

36%

have a **positive view** of the Wimbledon Foundation

12%

have a **neutral view**

3%

don't know

49% have not heard of the Wimbledon Foundation

Source: Follow Up Survey for Year 1 Students (n=134)

#### Teachers

8 out of 8

have a **positive view** of the Wimbledon Foundation

Source: Follow Up Survey for Teachers (n=8 schools)



"Thank you so much for all your efforts to arrange such a fantastic weekend at Wimbledon for our young people [...] Our pupils would never have the opportunity to experience an event such as this, so for you to make it possible really was incredible." (Teacher)



# Set for Success

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SET FOR SUCCESS

### Programme Views

#### Young People

What did you think of Set for Success? *1 star being 'very poor' and 5 stars being 'very good'*

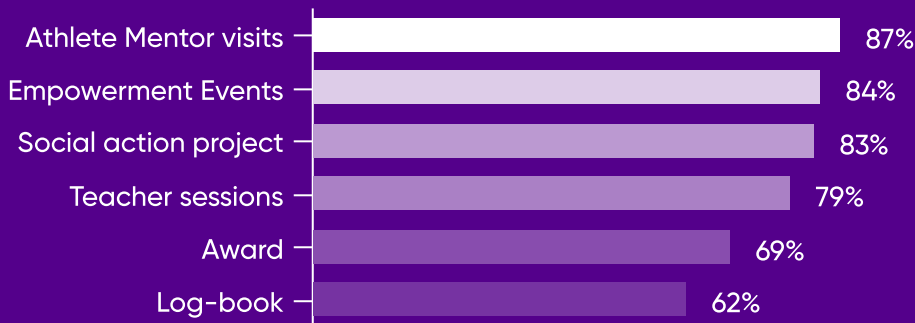


**4.2 stars**  
on average

Source: Follow Up Survey for Year 1 Students (n=132)

#### How do young people rate the following...

% showing 'Very good' / 'Good'



Source: Follow Up Survey for Year 1 Students (n=114-125)

#### Teachers

#### How likely are you to recommend Set for Success to other schools?



0 - Very unlikely



10 - Very likely



**9.4**  
average score

Source: Follow Up Survey for Teachers (n=8 schools)

"[Set for Success] created a positive environment for the class. Allowed them to believe in themselves."  
*(Teacher)*

"The authentic themes, mentor and collaboration at events are key factors."  
*(Teacher)*

"Other students wanted to get involved [with Set for Success]. Created a good buzz."  
*(Teacher)*



SET FOR SUCCESS



DELIVERED BY

## End of Year 3 Evaluation Summary (2022-23)

Parent feedback after the Wimbledon Community Day & Recognition Event  
*hosted by Barclays*



"Thank you on behalf of myself and my son for an extraordinary experience which we will keep with us forever." (Parent)

"Just had to send this on behalf of both of us to let you all know what an amazing day we had yesterday. The whole experience was amazing from start to finish, the way we were looked after and made to feel like real VIPs was absolutely incredible. [...] It's a brilliant thing you are all doing and something that will stay with us for the rest of our lives."  
(Parent)

"I'd like to thank you and your team so much for allowing my daughter and partner to experience this amazing event at Wimbledon. I didn't think in my wildest dreams how fantastic it would be. [...] They both returned on Sunday afternoon absolutely glowing. What a life experience you have provided for my daughter." (Parent)

### Story spotlight

Set for Success improved Rebecca's confidence to engage in lessons and aspire to a good job in the future.



Rebecca has completed two years of Set for Success. In the second year of her involvement in the programme, she has been supporting the Year 1 cohort with the programme, including their social action project. She has also been training to become a qualified dodgeball referee and running a national finals event.

Rebecca highlighted that improved confidence and self-belief have been the biggest benefits of taking part in Set for Success. Alongside this, Rebecca has a more positive mindset – she has pushed herself and done things that are outside of her comfort zone, and she has improved her leadership skills.

Together, these benefits have: encouraged her to be 'brave enough' to engage fully in lessons and answer questions; she believes they will help her when she goes to college as she will feel more confident to meet new people; and they will help her with work experience opportunities and to get a good job in the future. She is now also considering going to university.

**"I have more self-belief so I think I will be able to push myself and get a good job."**

*Pseudonym has been used.*